

# Welcome to the Sanctified Skeptic: Finding Faith Through the Facts

## Day 1 – What Is Faith, Really?

*Faith is not blind—it's trust built on a foundation of evidence.*

You might think faith means closing your eyes and hoping for the best. But what if faith is actually the most reasonable choice you can make?

Faith doesn't demand you throw out your brain—it invites you to lean in with curiosity and courage.

Hebrews 11:1 defines faith as this:

“Now faith is the assurance (the confirmation, the title deed) of the things [we] hope for, being the proof of things [we] do not see.”

Faith isn't a leap in the dark—it's a firm trust based on the evidence we have, even when we don't yet see the full picture.

Think about it: We trust the wind will blow, even when we can't see it. We trust the sun will rise tomorrow, though it's hidden by night.

Faith is a confident expectation based on reliable reality.

Christian faith begins in history, reason, and real events—the life, death, and resurrection of Jesus Christ.

It's not irrational, it's relational and rational.

This week, let's journey together from skepticism toward a faith rooted in truth you can explore and experience for yourself.

**I'd like to take a second to ask you to follow @GodDesignLLC and visit [GodDesign.org](https://GodDesign.org) to be sure you don't miss any devotionals.**

## Devotional Scriptures (AMP):

### — Hebrews 11:1 (AMP)

*“Now faith is the assurance (title deed, confirmation) of things hoped for (divinely guaranteed), and the evidence of things not seen [the conviction of their reality—faith comprehends as fact what cannot be experienced by the physical senses].”*

### — Isaiah 1:18 (AMP)

*“Come now, and let us reason together,” Says the Lord.”*

**Reflection:**

How do you define faith right now?

Is faith a feeling, a belief without proof, or something else?

Ask God to help you see faith as a reasonable, trustworthy step forward.

**If you've downloaded the devotional PDF for today, go to Day 1 and say this simple declaration and prayer with me.**

**Declaration & Prayer:**

**I embrace faith as confident trust, rooted in evidence and relationship** (Hebrews 11:1)

**I invite God to meet my questions with truth and clarity** (Isaiah 1:18)

**I am open to exploring faith without fear or shame** (Proverbs 2:2-6)

**My faith grows stronger as I seek understanding and truth** (Colossians 2:6-7)

God, I come with questions and doubts.

Help me understand faith as more than blind belief—as trust rooted in You and Your promises. Give me courage to explore honestly and receive what You reveal.

Grow my faith in You, the One who knows all things.

In Jesus' name, Amen.

**Challenge:**

Spend five minutes today journaling or thinking about what faith means to you.

Write down one question you want God to answer this week.

Ask Him to walk with you as you explore faith and facts together.

**Additional Scripture:**

—**Proverbs 2:2-6 (AMP)** “So that your ear is attentive to [skillful and godly] wisdom, And apply your heart to understanding [seeking it conscientiously and striving for it eagerly]; Yes, if you cry out for insight, And lift up your voice for understanding; If you seek skillful and godly wisdom as you would silver And search for her as you would hidden treasures; Then you will understand the [reverent] fear of the Lord [that is, worshiping Him and regarding Him as truly awesome] And discover the knowledge of God. For the Lord gives [skillful and godly] wisdom; From His mouth come knowledge and understanding.

—**Colossians 2:6-7 (AMP)** “Therefore as you have received Christ Jesus the Lord, walk in [union with] Him [reflecting His character in the things you do and say—living lives that lead others away from sin], having been deeply rooted [in Him] and *now* being *continually* built up in Him and [becoming increasingly more] established in your faith, just as you were taught, and overflowing in it with gratitude.